Learning Objectives
At the conclusion of this activity, participants should be able to:

- Discuss the DSM-5 proposed revised criteria and approach for the assessment and diagnosis of personality disorders and, in particular, borderline personality disorder.
- Recognize patients with borderline personality disorder for whom mentalization-based therapy might be a recommended treatment and apply as indicated.
- Effectively identify and treat bipolar depression and counsel families about its heritable risk when relevant.
- Recognize the importance of the longitudinal life experiences of patients with bipolar disorder.
- Accurately identify and treat children and adolescents with anxiety disorders needing pharmacotherapy.
- Incorporate into clinical practice a routine assessment of current medications for patients who are pregnant or planning to become pregnant.

Needs Statement
Psychiatrists need the latest evidence-based recommendations for clinical decision making and practical information for assessment and treatment of disorders commonly encountered in practice. This is supported by the 2008 Institute of Medicine Report on evidence-based medicine. The report indicates a widening gap between a clinician’s cognitive capacity and the number of facts necessary to consider in a single clinical decision. Presentation of advances in knowledge focused on selected high-priority clinical concerns help to address this growing challenge.

Target Audience
This activity is designed for specialists in psychiatry and may also be of interest to other health and mental health professionals.

Educational Methods
Lectures • Syllabus

Evaluation
Evaluation by questionnaire will address program content, presentation, and possible bias.

Accreditation/Credit Designation
Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Advances in Clinical Psychiatry

John M. Oldham, MD, MS, Activity Director

Planning Committee

- John M. Oldham, MD, MS
- Stuart C. Yudofsky, MD
- James W. Lomax II, MD
- Thomas Kosten, MD
- William P. Gaupp, MBA
- Liz Golmon, CAP

Advances in Clinical Psychiatry Faculty

Guest Faculty

Peter Fonagy, PhD
Freud Memorial Professor of Psychoanalysis, Head of the Research Department of Clinical, Educational, and Health Psychology, University College London; Chief Executive, Anna Freud Centre London

Kay Redfield Jamison, PhD
Professor of Psychiatry and Co-Director, Johns Hopkins Mood Disorders Center, Johns Hopkins University School of Medicine, Baltimore, Maryland

Moira Rynn, MD
Associate Professor of Clinical Psychiatry, Columbia University College of Physicians and Surgeons, New York, New York

Baylor College of Medicine Activity Faculty

Sanjay Mathew, MD
Associate Professor and Director of the Mood Disorders Program, Menninger Department of Psychiatry and Behavioral Sciences

John M. Oldham, MD, MS
Senior Vice President and Chief of Staff, The Menninger Clinic; Professor and Executive Vice Chair, Menninger Department of Psychiatry and Behavioral Sciences; President, American Psychiatric Association

Asim Shah, MD
Assistant Professor, Menninger Department of Psychiatry and Behavioral Sciences, and Assistant Professor, Family and Community Medicine; Deputy Chief of Psychiatry, Harris County Hospital District and Ben Taub General Hospital

Stuart C. Yudofsky, MD
D.C. and Irene Ellwood Professor and Chair; Distinguished Service Professor; and Drs. Beth K. and Stuart C. Yudofsky Presidential Chair of Neuropsychiatry, Menninger Department of Psychiatry and Behavioral Sciences
# Agenda • October 7, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:30 am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:15 am</td>
<td>Welcome and Introduction</td>
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<tr>
<td></td>
<td>Stuart C. Yudofsky, MD</td>
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<tr>
<td>8:30 am</td>
<td>DSM-5 and Borderline Personality Disorder</td>
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<td>John M. Oldham, MD, MD, MS</td>
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<tr>
<td>9:30 am</td>
<td>Mentalization-Based Therapy</td>
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<td>Peter Fonagy, PhD</td>
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<tr>
<td>10:30 am</td>
<td>Break</td>
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<tr>
<td>10:45 am</td>
<td>Bipolar Depression</td>
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<td>Sanjay Mathew, MD</td>
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<tr>
<td>11:45 am</td>
<td>Lunch</td>
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<tr>
<td>1:00 pm</td>
<td>Bipolar Disorder</td>
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<td></td>
<td>Kay Redfield Jamison, PhD</td>
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<tr>
<td>2:30 pm</td>
<td>Break</td>
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<tr>
<td>2:45 pm</td>
<td>Psychopharmacology of Anxiety Disorders in Children and Adolescents</td>
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<td></td>
<td>Moira Rynn, MD</td>
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<tr>
<td>3:45 pm</td>
<td>Psychotropic Medications During Pregnancy and Lactation</td>
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<td></td>
<td>Asim Shah, MD</td>
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<tr>
<td>4:45 pm</td>
<td>Closing Remarks</td>
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<td></td>
<td>John M. Oldham, MD, MD, MS</td>
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<tr>
<td>5:15 pm</td>
<td>Adjourn</td>
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*Faculty, topics, program schedule and credit are subject to change.*

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## Hotel Accommodations

Please arrange your overnight needs directly with the Houston Marriott at the Texas Medical Center, 713-796-0080. Mention you are an attendee of the Baylor College of Medicine Psychiatry Conference to obtain the group rate of $149 plus taxes (single or double occupancy). A block of rooms has been reserved on a space-available basis. *Reserve your room early. Limited rooms are available. The deadline to receive the special rate is Friday, September 16, 2011.* The hotel provides free shuttle transportation to the conference location. Check with the front desk for availability and times.

## Conference Location

Baylor College of Medicine  
Medical Office Building  
1977 Butler Boulevard  
4th Floor, Rooms E4.120 & E4.125  
Houston, Texas 77030

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## Additional Information

Baylor College of Medicine  
Office of Continuing Medical Education  
One Baylor Plaza, MS: BCM 155  
Houston, Texas 77030  
Phone 713-798-8237  
Fax 713-798-7955  
E-mail cme@bcm.edu
Your registration will be processed and confirmed upon receipt of payment. If you have not received confirmation at least 5 (five) days before the conference date, please contact the Office of Continuing Medical Education (OCME) at 713-798-8237. If you plan to register on-site, contact OCME at least 24 hours in advance of the conference date, October 7, to confirm space availability. The OCME reserves the right to limit the number of participants. The OCME is not responsible for expenses incurred by individuals whose registrations are not confirmed and for whom space is unavailable.

Continental breakfast, lunch, and course syllabus are included in the registration fee.

- To register and pay online, visit the activity website: www.BaylorCME.org/CME/1453
- Or complete the registration form on the next page and submit with advance payment.

Cancellation/Refund Policy

Requests for registration refunds must be made in writing and received by the Office of Continuing Medical Education (OCME) before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Refunds are subject to a $50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713-798-7955.

The OCME reserves the right to cancel activities not less than 10 business days before the scheduled date if extenuating circumstances make cancellation necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, the OCME’s liability is limited to the registration fee paid.

Note: If payment is made by check, a Social Security number is required to process the refund.

Notice

In order to meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of a CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

Audio and videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.

Baylor Medical Building at the Texas Medical Center

Conference Location

Baylor College of Medicine
Medical Office Building
1977 Butler Boulevard
4th Floor, Rooms E4.120 & E4.125
Houston, Texas 77030

Parking

Parking is available in the lot adjacent to the Baylor Medical Office Building. Your cost to park for the day-long conference is $10.
### Registration Form

**Conference Location**

Baylor College of Medicine  
Medical Office Building  
1977 Butler Boulevard  
4th Floor, Rooms E4.120 & E4.125  
Houston, Texas 77030

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#### For Official Use Only

- **Check** □  
- **Cash** □  
- **LB** □  

**Date:**

**Amount:**

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<th>Name (last, first, middle initial)</th>
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<tbody>
<tr>
<td><strong>Affiliation</strong></td>
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<td><strong>City</strong></td>
<td><strong>State</strong></td>
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<tr>
<td><strong>Office Phone</strong></td>
<td><strong>Fax Number</strong></td>
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<tr>
<td><strong>E-mail</strong></td>
<td><strong>BCM Alum</strong> □</td>
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</tbody>
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**Professional License # & State**  

**Emergency Contact/Phone**

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**Fees (Mark an X in appropriate box below.)**

- **Physician** $350 □
- **Psychologist** $250 □
- **Pharmacist** $250 □
- **Nurse** $250 □
- **Social Worker** $250 □
- **BCM Faculty** $150 □
- **Counselor** $250 □
- **Other** $250 □
- **Student** $75 □
- **Resident** $75 □
- **Fellow** $75 □

*Verification of status must accompany registration form. Fax to Office of Continuing Medical Education at 713-798-7955.*

**Prepayment Required (Check payment method.)**

- **AMEX** □  
- **Discover** □  
- **Visa** □  
- **MasterCard** □

**Check or Money Order** □  
(Payable to Baylor College of Medicine)

**Total Sum Enclosed** $ ______________

**Card #**

**Exp. Date**

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**Name on Card**

**Authorized Signature**

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**With credit card payment, you may fax completed registration form to 713-798-7955.**

**Return completed registration form and payment to:**

Baylor College of Medicine  
Office of Continuing Medical Education (1453)  
P.O. Box 4708  
Houston, TX 77210-4708

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**If you have special dietary or ADA needs, please list below.**

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